



Carmarthen Breakthro' Newsletter

Here is another full Newsletter, if you wish to add something to our newsletter, please get in touch

We are also looking for new committee members; contact Emyr for more details 07772078634. The committee meet monthly, and help with the smooth running of Breakthro'.



Dates

		½ term
Red	7 th	30 th
Purple	14 th	31 st
Blue	21 st	1 st Nov
Green	28 th	2 nd Nov

Please remember to let Emyr know if your child is attending.

Mind, Body & Spirit

Saturday October 21st 2017

Halliwell Centre, Trinity College, Carmarthen

10:00am – 6:00pm

Come along and enjoy a wide range of holistic therapies:

Reflexology massage

Omni Mediumship Card Reading Palmistry
Crystals Indian Head Massage Reiki...and much more!!!
Arts & Crafts stalls

POLITE NOTICE

Due to insurance, children cannot enter Breakthro' before 10am and MUST be collected by 4pm. A charge will be issued to any late collection.

Contact us

Emyr- 07772078634

Base- 01267 290 136

Email- admin@carmarthen-breakthro.co.uk

100 Club

August Draw

1 st Prize £25	No. 21	Helen Lewis
2 nd Prize £10	No. 6	Janet Rees

September Draw

1 st Prize £25	No. 56	Jan George
2 nd Prize £10	No. 69	Louise Hill

If anyone would like to join the 100 club, please speak to Emyr

October Half term

We are collecting items for the Samaritans Christmas shoe box appeal, any donations would be gratefully received:

Toys - Include items that children will immediately embrace such as dolls or stuffed toys (with CE label), toy trucks, harmonica, yo-yo, skipping rope, ball, small puzzles etc

School Supplies - Pens, pencils & sharpeners, crayons or felt pens, stamps & ink pad sets, writing pads or notebooks & paper, solar calculators, colouring & picture books etc.

Hygiene Items - Toothbrush and toothpaste, bars of wrapped soap, comb or hairbrush, flannel.

Other Items - Hat, cap, gloves or scarf, sunglasses, hair accessories, jewellery set, wind up torch, wrapped sweets (best-before-date must be at least March of the following year). Items are for children aged 2-14 years.



Pen Blwydd Hapus!!